

Your age please

154 out of 154 people answered this question

1	35-45 years old	73 / 47%
2	46-55 years old	41 / 27%
3	26-35 years old	24 / 16%
4	above 55 years old	10 / 6%
5	17-25 years old	6 / 4%
6	11-16 years old	0 / 0%

Gender

154 out of 154 people answered this question

1	Female	81 / 53%
2	Male	73 / 47%

Sexual Orientation

154 out of 154 people answered this question

1	Hetrosexual	148 / 96%
2	Unkonwn	3 / 2%
3	Bisexual	2 / 1%
4	Lesbian	1 / 1%
5	Gay	0 / 0%

Thinking about the way you were brought up, please tick the most appropriate

154 out of 154 people answered this question

1	There were Moderate boundaries in our home and i could do some of what i wanted	93 / 60%
2	My home was strict and controlled and I was expected to do exactly what I was told	51 / 33%
3	There were very few boundaries in our home and i could do almost anything i wanted	10 / 6%

Which of the following are you addict to (you can chose more than one)

154 out of 154 people answered this question

1	None of the above	67 / 44%
2	Over eating	45 / 29%
3	Social Media	34 / 22%
4	Pornography	21 / 14%
5	Shopping	18 / 12%
6	Smoking	16 / 10%
7	Tele-addict	14 / 9%
8	Alcohol	3 / 2%
9	Gambling	2 / 1%

Do you have sex with your partner (you can chose more than one):

154 out of 154 people answered this question

1	When partner in the mood?	75 / 49%
2	On demand?	46 / 30%
3	When asked by partner	41 / 27%
4	On agreed frequency?	30 / 19%
5	none of the above	24 / 16%
6	After bribing partner?	6 / 4%
7	After threatening partner?	3 / 2%

Talking about your sexual habits: how often you have sex with your partner?

154 out of 154 people answered this question

1	1-4 times monthly	62 / 40%
2	1-5 times weekly	52 / 34%
3	less than once a months	17 / 11%
4	does not apply	10 / 6%
5	Non-existance	8 / 5%
6	once or more daily	5 / 3%

Which of the following behaviours do you, or did you, engage in as part of your sexual addiction (you can chose more than one)?

154 out of 154 people answered this question

1	None of the above	110 / 71%
2	Pornography	39 / 25%
3	affairs	10 / 6%
4	Adult TV channels	8 / 5%
5	Telephone sex	6 / 4%
6	Cyber chat	3 / 2%
7	Webcam sex	1 / 1%

How often did you view the following genres of pornography

154 out of 154 people answered this question

1	never	67 / 44%
2	Occasionally	30 / 19%
3	Very rarely	25 / 16%
4	Only once	12 / 8%
5	Regularly	10 / 6%
6	Frequently	5 / 3%
7	Most of the time	5 / 3%

Which of the following negative consequences have you POTENTIALLY faced as a result of your behaviour (you can chose more than one)?

154 out of 154 people answered this question

1	none of the above	80 / 52%
2	Feelings of shame	62 / 40%
3	Fear of discovery	35 / 23%
4	Low self esteem	25 / 16%
5	Guilt towards others	17 / 11%
6	Mental health problems (eg depression, anxiety)	14 / 9%

7	Losing a relationship	7 / 5%
8	Reduced income	6 / 4%
9	Impaired parenting	5 / 3%
10	Press exposure	1 / 1%
11	Legal actions against you	0 / 0%
12	Loss of employment	0 / 0%